

Stitched Heart Cards

Designer Erica Fortgens had designed this fun, intermediate level project.

Materials needed:

- Cardstock to make the card, tag or ornament as desired
- Kreinik Cord in colors to match your project
- Seed beads (optional) computer mouse pad, cardboard section, or Erica Punch Matt (#4050510)
- very fine and fine punch pen, needle, or Erica Punch Pens (#4050506)
- scissors
- adhesive tape
- needle slightly thinner than the punch pen you have used



Instructions:

SET THE DESIGN:

Make a copy of the design, cut it out in a square, place it on the chosen spot on the card, fix it with two pieces of adhesive tape, and place the card with the design on the punch mat. Punch the design accurately with the very fine punch pen (or needle) for the small dots, and a fine or slightly larger needle for the larger dots—the larger dots will be holes with more than one thread going into them repeatedly. Hold the needle/punch pen straight and upright as you are punching for the cleanest hole. Hold the card against the light to see if you have punched everything. Remove the design. Now your design is punched into the card.

BEGIN EMBROIDERY:

Thread your needle with Kreinik Cord. Follow the instructions for this particular shape according to the stitching diagram and the model; for example, start at A. Pull the needle through with your Kreinik Cord and leave a small amount of thread on the back as a tail. Fix this with a piece of adhesive tape. Continue stitching, following the diagram.

- a. Work the large heart in stem stitch (see diagram)
- b. For the scallop edging: Make a stitch to 3 at the back and pull the thread to 4; continue working like this until you come up at X. Once the one part of the scalloped edge is finished, loop the thread at the back and start the following scalloped part at X.
- b. If desired, add seed beads in particular areas.

FINISHING:

To hide the back of your work, cover it with a card of the same size and color. For a more elegant result, cut the edges with decorative scissors.

Like these ideas? These projects and many more can be found in these books:

Basics of Embroidery, EF 2000, ISBN: 90 384 1591 5

Extraordinary Embroidery on Paper, EF 2010, ISBN: 97 8802 1337 838

To learn more and see all of Erica's tips and designs, visit www.ericafortgens.nl. Look for Erica's tool package, which contains 3 piercing tools with different sizes (Erica's item number 4050506), and piercing mat (Erica's item number 4050510); for more information, visit www.ecstasycrafts.com.

