

# Lo-Sew TWINKLE TWINKLE PILLOWCASE

By eXpresSew®

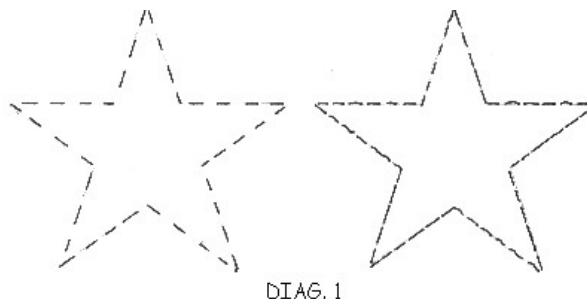
If you dislike that moment when the lights go out, you need a few stars to sparkle in the dark! Easy embroidery stitches outline a simple shape to turn your ordinary pillowcase into something you can wish on AND sleep on.

Stuff to gather together:

- Glow-in-the-Dark thread by Kreinik, 1/16" ribbon – 1 or 2 spools.
- Plain pillow case to fit your pillow.
- Disappearing pencil that can be seen on your pillowcase and erased later.
- Embroidery needle, size 3 or 4. This is a thick needle with a big eye – helpful in pulling a thick thread through regular fabric.



Choose one embroidery stitch from the two shown here. The running stitch looks like a dotted line. The back stitch is a solid line with the dots filled in. (Diag. 1). Both types of stars glow well in the dark.

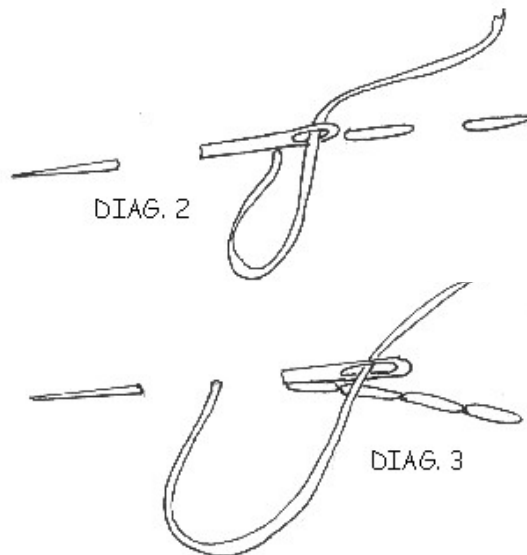


Print the star pattern provided on the next page or make up your own star no bigger than 3" wide. Cut out the pattern and trace around the star shapes along the hem opening of your pillowcase with the disappearing pencil. Cut a piece of thread about 24" long. Thread one end through the eye of the needle. Tie a knot at the opposite end. As you sew, the thread will gently slide through the needle and the knotted end will get shorter.

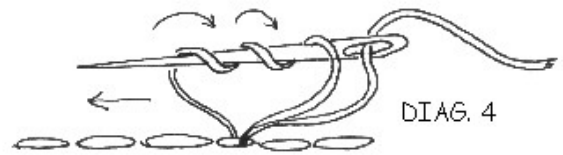
Both stitches begin the same way. Begin with the needle to the inside of the pillowcase and push it through any inside corner of the star. Pull the needle until all the thread is on the outside. Insert the needle a short distance along the star outline (oh, about 1/2") and push it back through to the inside. Bring it out again the same distance away.

For the running stitch, continue like this completely around the star. (Diag. 2). End stitch with thread to the inside.

For the back stitch, go in reverse and insert the needle at the end of the last stitch. Forward again, bring the needle out a short distance beyond this new stitch. (Diag. 3). Continue around the star, completely outlining the shape traced earlier.



When you are finished and the thread is pulled to the inside of the pillowcase. Take another stitch in one place. Loop the thread around the needle a few times and pull the thread through tightly. (Diag. 4) Repeat this knot technique again.



STAR PATTERN