

# He Loves Me, He Loves Me Knot

**Designed by: Susan Davis of Aunt Susie's House**

**Skill Level: Intermediate**

Punchneedle is the new favorite technique among cross stitchers, quilters, and embroiderers. It's like making hundreds of tiny knots, coloring in lines on fabric with thread. The thinner Kreinik metallic threads like Blending Filament are easy to use with punchneedles, and they add a touch of sparkle to make your design more exciting. This month we feature a quick little project that would make a sweet Valentine's gift or wedding present.



## **Materials needed:**

3-strand punch needle  
piece of weavers cloth,  
9" x 9"

4-inch Susan Bates Hoopla Hoop

Kreinik Blending Filament in 032, 015HL, 003V, 092

DMC embroidery floss in White, 367 Green, 743 Yellow, 815 Red

Weeks Dye Works 1138 Sophie's Pink

Satin Ribbon: 1/8" x 24"

Antique Silver Locket (By Jupiter! Inc.®)

Locket Box: small (2 5/8" x 2 5/8" x 2") by Provo Craft: Home Accents

Small scrap of perfect mount matte board

Fray check

Pencil

## **Instructions:**

This pattern includes 2 sizes. The small pattern for a locket and the larger pattern for the top of a wooden locket box. Trace both patterns on the weavers cloth, but leave enough space between each design to place in a 4-inch embroidery hoop. Make sure the hoop has a locking lip as suggested.

Follow the instructions that came with your punchneedle to place the fabric in the hoop and thread the needle. the fabric needs to be drum tight. The large pattern uses 3 strands; 2 strands of cotton floss and one strand of Kreinik Blending Filament. Set gauge at 3/8".

The smaller design for the locket uses one strand of Blending Filament and 1 strand of cotton floss. Set the gauge at 1/4". the design is so small that it looks better with a smaller pile. The instructions for both sizes are the same. The small design uses less thread and it is important to keep lines clean. To keep lines clean, you must punch around the inside line of each section and fill in.

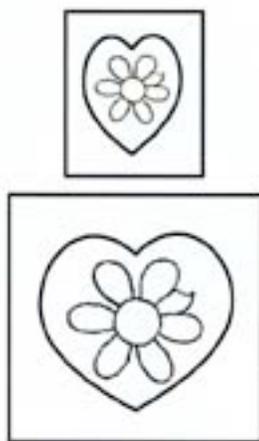
Flower Center: 2 strands of DMC 743 yellow and 1 strand 032 Blending Filament. Punch around the outside of flower center and fill in. Remember: 1 cotton strand and 1 strand Blending Filament for all the colors below if making the small locket.

Flower Petals: 2 strands DMC White and 1 strand 032 Blending Filament. Punch around each flower petal and fill in. Make sure you punch just inside the line of each petal.

Leaf: 2 strands of DMC 367 Green and 1 strand 015HL Chartreuse Blending Filament. Punch around the leaf and fill in. The small leaf on the locket allows only a small amount of green so be careful not to punch outside of the lines.

Heart: 2 strands of DMC 815 Red and 1 strand 003V Vintage Red Blending Filament. Punch around the outside of the heart and fill into the petals previously punched.

Background: 2 strands of Weeks Dye Works 1138 Sophie's Pink and 1 strand 092 Star Pink Blending Filament. Punch around the outside box and fill in to the heart. Trim the excess thread on back and front.



The patterns above fit just right into the box and locket. Because everyone punches slightly differently, do not trim any edges until you check the size of the finished piece to how you are going to mount it. You can add or pull out any excess at this point. After checking for sizes, place Fray Check around the outside design of the locket. Let dry. Mount finished punch pieces on Perfect Mount Matte Board. Trim excess to fit in box and locket. Tie satin ribbon to the top of the locket. Enjoy your, He loves me, he loves me not, treasure.

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**For more information on Susan Davis's punchneedle designs, visit [www.auntsusieshouse.com](http://www.auntsusieshouse.com).**

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