

# Feathered Heart Pillow

DESIGNED BY LINDA LINDGREN

Design Size: 14" x 14"

Skill Level: intermediate

Some sewing is required to complete this sweet pillow, but the iron-on thread makes the embellishment quick and easy.

## Materials:

- Kreinik Iron-on 1/8" Ribbon in Red
- 3" x 4" Kreinik Teflon Press Cloth
- 9" x 12" Kreinik Teflon Press Cloth
- Mini Iron or household iron
- DMC Quilting thread in off-white color
- four 16" muslin squares
- Quilt batting, 16-in square
- 1 2/3-yard eyelet trim
- scissors, pen, quilting needle, sewing thread, pins, quilt ruler, 14" pillow form, white paper

## Instructions:

*Turn your iron onto the highest heat setting and allow it to heat thoroughly.*

1. Trace heart pattern on white paper. Tape pattern to heat-protected surface.
2. Pin 1 piece of muslin to the large teflon sheet. Center muslin over heart pattern on work surface.
3. Using 1/8" Ribbon and the small teflon sheet, iron ribbon to muslin with mini iron or household iron. Work heart shape first, center cross pieces next, and outside scallops last to complete the heart shape.
4. Layer pillow top, quilt backing, and another piece of muslin, pin together. Quilt around heart pattern on each side of a ribbon line. Draw quilting lines outside heart with a soft pencil or quilt marking pen, extending the center ribbon lines inside heart. Quilt lines to edge of pillow top.
5. Trim pillow top to 14 1/2" square. Sew eyelet edging around top, pin remaining two pieces of muslin over top, folding each piece in half and overlapping at center to make opening for pillow form. Stich around all sides, turn pillow right side out. Insert pillow form.



**Iron-on threads, Teflon, and Mini Iron available from [www.kreinik.com](http://www.kreinik.com)**

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