

ENGLISH BOUQUET EMBROIDERY

DESIGNED BY SHARON COXHEAD OF BEDFORDSHIRE ENGLAND

Materials needed:

- A piece of fabric of your choice approximately 9 inches by 9 inches. I used Dupion silk and put some waste fabric on the back, thus sewing through both pieces of fabric to stop any puckering on the stitching.
- Silk Mori for bullion roses: 0323, 0324, and 0325. For the rose stems and leaves, use Silk Mori 4037. For the daisy's middles use 2027 and for the petals use 2024. For the daisy's stems use 4034. For the bow use 0303 and 9032. (all Silk Mori colors)
- Kreinik Very Fine (#4) Braid 092 Star Pink for edging the bow and highlighting.
- A milliners/straw needle for bullion knots and French knots. A sharp embroidery needle with a suitable size of eye to allow 2 single strands together of Silk Mori to pass through for all other stitches.

Instructions:

1. Trace the design onto the center of the fabric.
2. **Roses:** Taking two strands of Silk Mori 0325 together where the design is marked with a dot and using a milliner/straw needle, make your bullion knot roses. To make the bullion knot roses start with two 5-wrap bullion knots in 0325, place these side by side. Now using 0324 place three 7-wrap bullion knots around the two middle knots and slightly overlap them at the start of each bullion knot, this also slightly overlaps the two center bullion knots. For the next round use the same pink but do 9-wrap bullions, again overlap them at the beginning of each bullion. For the last round change the color to the 0323 and again go around making the bullion knots. If you want to make bigger or smaller roses do less rounds of bullion knots. Always try to make it an odd number of bullion knots in the round.
3. **Daisies:** Taking two strands of 2027 Silk Mori and place between three and five French knots on the part of the design marked with an X. Change to 2024 Silk Mori and do raised straight stitches to form the petals. To make the raised effect, after stitching approximately 5 stitches using your needle raise the stitches very slightly from the fabric.
4. **Daisy Stems:** Using one strand of Silk Mori 4034 in stem stitch, embroidery the stems.
5. **Rose Stems:** Using one strand Silk Mori 4037, stem stitch the stems of the roses then go back and whip the stem stitches.
6. **Rose leaves:** Using one strand Silk Mori 4037, stitch using the traditional technique for leaves of doing three stitches from the top of the leaf to a third of the way down, then, going from the sides, satin stitch around from the edge to the center thus forming the central vein of the leaf.
7. **Bow:** Using one strand Silk Mori 0303, satin stitch the parts of the bow that on the design are the darker parts, this is the outside of the ribbon. Now embroidery the other sections of the bow with 9032 Silk Mori, so filling in the lighter inside of the ribbon.
8. **Enhancing:** Using #4 Braid 092 overcast round the edges of the bow. Also doing very small loose stitches to imitate beads, place these stitches in strategic places over the roses to highlight them.

