

# Silken Stitches

Wear your art out with this elegant little project from designer and teacher Mary Polityka Bush that features Kreinik's new silk thread colors. Be prepared for the compliments, and perhaps you can introduce canvas work to some new stitchers.

## Materials Needed

- Kreinik Silk Mori®: 2013 Light Gold, 2014 Medium Gold, 2016 Dark Gold, 4074 Medium Dusty Green
- Kreinik Silk Serica®: 4074 Medium Dusty Green
- 6" x 8" White 24-ct Congress Cloth
- 14-ct plastic canvas, 1/18" x 2 3/4"
- #14 and #24 Tapestry Needles
- 1-inch sew-on pinback

## General Instructions:

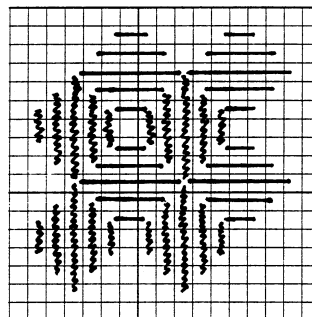
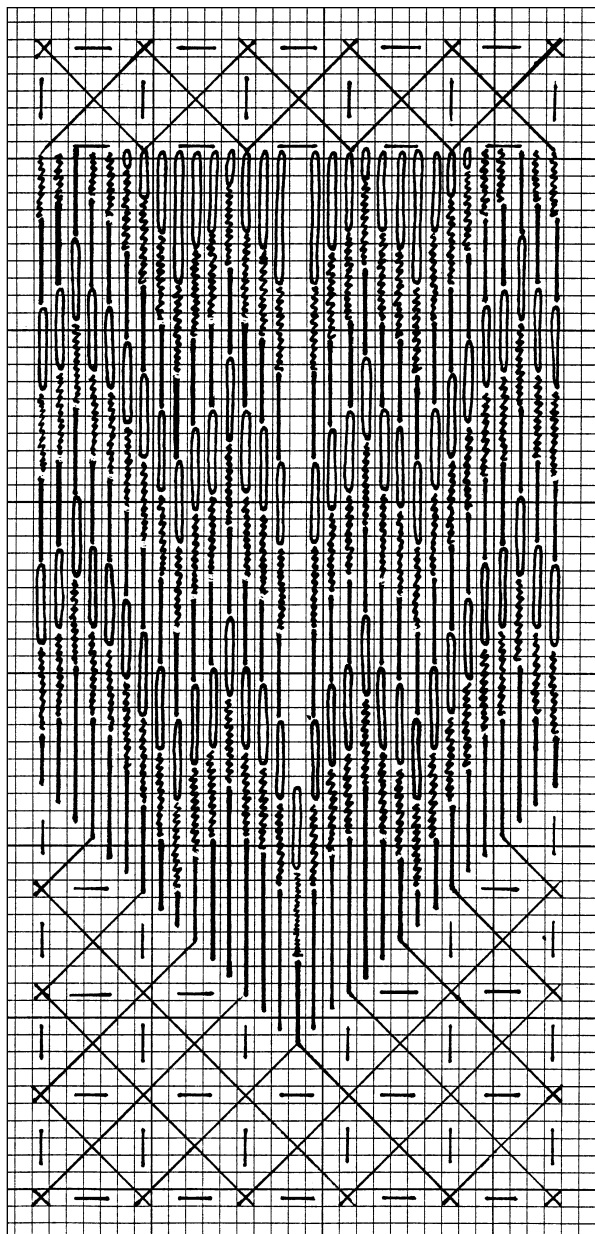
- Tape canvas edges to keep the silk from snagging.
  - Moisturize fingers and hands with a non-greasy hand cream to keep the silk from snagging on rough spots.
  - Stitch with #24 needle; use the #14 needle as a laying tool to lay the thread neatly as you stitch. The #14 needle will also be couched to the canvas later as part of the design.
  - Use 12-inch lengths of silk throughout.
  - Separate strands of Silk Mori and recombine three strands for stitching. Don't separate Silk Serica; use it as it comes, as a 3-ply twisted filament silk. Maintain Silk Serica's twist as you stitch by letting your needle dangle after every few stitches, or applying a slight countertwist.
  - Each grid line on the graph equals one canvas thread.
- Keep your hands clean as you stitch, as silk threads should only be dry cleaned, not washed.

**Color Key for Bargello Area:** Silk Mori 2016   
Silk Mori 2014   
Silk Mori 2013 

1. Beginning at the bottom with Silk Mori 2016 Dark Gold, work the Bargello (over 5) area following the color key (under the graph). Note the exceptions top and bottom, also unstitched meshes down center.
2. Fill area under Bargello with horizontal (Silk Mori 4074) and vertical (Silk Serica 4074) Hungarian Diamonds. Work Hungarian Diamond band above Bargello area.

## Finishing Instructions:

1. Trim excess canvas to within 1/2-inch from embroidery.
2. Use one strand of Silk Mori 4074 to couch the #14 Tapestry needle along the center of the Bargello area; stitch over needle twice and through the needle's eye once. (The needle should lay on top of the unstitched canvas area.)
3. Fold edges of canvas to back so that no bare canvas shows on front. Miter corners; stitch to secure with two strands of Silk Mori (any color).
4. Use two strands of Silk Mori (any color) to sew pinback to plastic canvas and plastic canvas to back of embroidery.



Horizontal  
Hungarian  
Diamonds: Silk  
Mori 4074  
Vertical Hungarian  
Diamonds: Silk  
Serica 4074