

Victorian Silk Needleroll

designed by Liz Navickas

Materials:

- Kreinik Silk Mori 1092 Lightest Wood Violet, 7012 Lightest Lead Gray, 7014 Medium Lead Gray
- Kreinik 1/8" Ribbon in 9200 Blossom
- size 14 glass seed beads by SJ Designs (#1806H)
- 7-inch by 10-inch piece of 32-count Antique Tan linen by Wichelt Imports
- #24 Tapestry Needle

Stitching Directions:

- Each square on the main chart equals two fabric threads. Cross stitch with two strands of silk according to the main chart and color key.
- Notice a single cross stitch is done with pink inside each open triangular shape of the top and bottom row. Surround this cross stitch on all four sides with one hex bead (not charted). This single cross stitch is centered under the two stitches above it.
- Rhodes Hearts are alternated across the design starting with the first one in two strands of 1092 and the next is done with two strands of 7012. Try to lay the strands parallel as you stitch for a neat appearance.
- Large half-diamond eyelets are done with a single strand of 7014 and small eyelets are done in a single strand of 1092.
- Both bands of double herringbone are done first with two strands of 7014 and then two strands of 1092.
- Attach hex beads at locations indicated by graph using one strand of Silk Mori 7012.

Preparing top and bottom edge of needleroll:

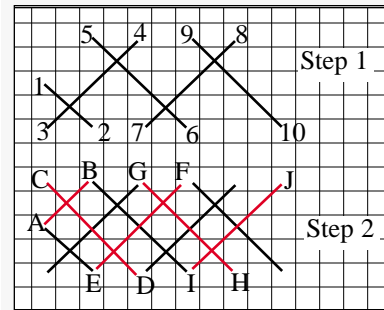
From the top of the design, count up 18 threads and remove four threads for threading the ribbon through. Count up 14 more threads and remove two threads. Count up five threads and score* linen. Count up four threads and score again. Count up three threads and remove the fourth thread. Trim edge of material along edge where this single thread was removed.

Fold edge to wrong side along first score, then fold again along second score. Using two strands of 7012, hemstitch along edge of fold and into the row where two threads were removed.

Turn the piece and repeat this process for the bottom edge. Sew side seams and stuff.

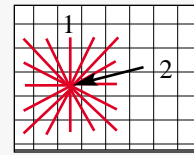
Thread 1/8" Ribbon through the top and bottom (beginning at the center front) where the four threads were removed by weaving the ribbon over four threads and under four threads. Pull tight and tie a knot and then a bow. Attach a loop of 1/8" Ribbon to the top edge as a hanger.

Stitch Diagrams (shown over one)



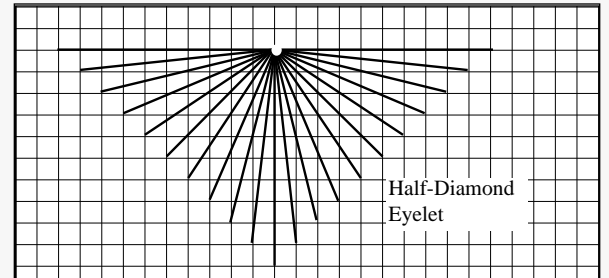
Double Herringbone: First follow the numbers with Silk Mori 7014. Then come back and follow the let-

ters with Silk Mori 1092.

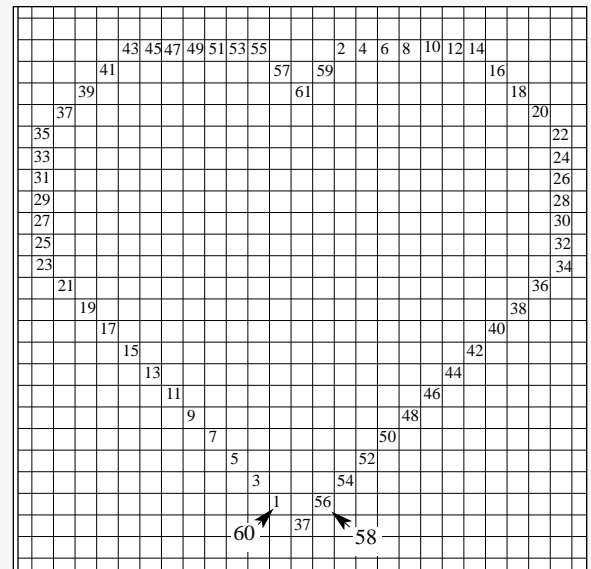


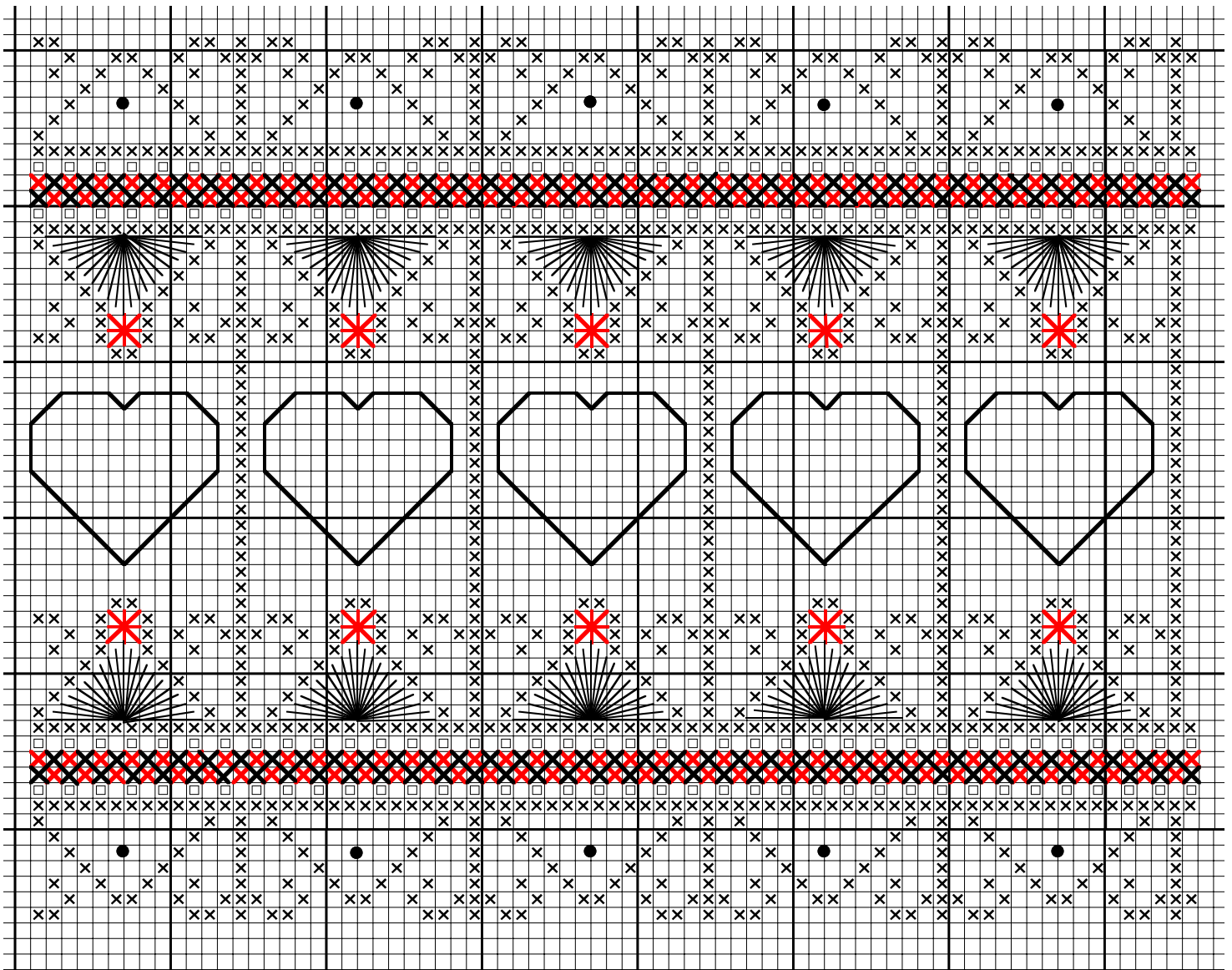
Algerian Eyelet and Half-Diamond Eyelet: For the Algerian Eye, bring the needle up at 1 and down at 2.

Continue all the way around the star, going back down into the same center hole each time. Maintain a consistent tension. Work the half-diamond below in a similar way.



Rhodes Heart: Come up at odd numbers and down at even. Notice that 56 & 58, and 1 & 60 share the same hole.





Color Key

- × Silk Mori 7012
- Hex bead
- Silk Mori 1092

If you have problems downloading this chart, send a #10 self-addressed, stamped envelop to: Web Needle Roll, 3106 Timanus Lane, #101, Baltimore, MD 21244 USA.

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* Score: from the backside of the linen, place the tip of the needle between the threads where you want a crease near the edge of the linen. Lay the linen down on a work surface with one hand holding the needle and the other holding the linen. Hold the needle still and press against the work surface. Gently, but firmly, pull the linen out from under the needle. The force of the needle pulling across the threads will slightly separate the threads on either side of the needle forming a straight crease. Take caution when pulling the fabric that the needle does not slip out of the threads you initially placed it in and into an adjacent hole above or below. You should be able to simply “finger press” these creases and make a crisp edge.

About the designer

Liz Navickas became interested in sewing as a child when she would piece little bits of fabric on her mom’s old Singer sewing machine to make doll clothes. Her first embroidery was done at age 14, and she soon began to use thread and stitches “like an artist would use a brush and paint.”

Today Liz designs needlework patterns under the name Liz Navickas Designs. “When I design, I think of color first, and then texture,” Liz says. “Most of my work

has a message, and the color sets the tone of the message and the texture brings it alive and interesting.”

Liz continues learning new stitches and techniques from resource books, her local shop owner, and EGA courses. She counts satin stitch and herringbone as some of her favorite stitches for their versatility and the way they show off the threads.

Look for Liz’s inspiring designs in your local needlework shop. For more info or to get her catalog, contact Liz Navickas at e-mail navickas@epix.net or phone (877)-202-5496.