# Stitched memory heart

Combine heart stitches of silk threads, shimmering metallic thread bows, and a family photo, and you have a treasured keepsake. Perfect for a Valentine's Day or Anniversary gift, this little project can be made in an evening.

## Materials needed:
• purchased heart shape (like a wooden heart, or this burlap-fabric-covered heart we found at AC Moore craft store)
• family photo (printed on photo paper - don't use your original!)
• Kreinik 1/8" Ribbon 202HL Aztec Gold Hi Lustre
• Kreinik Silk Mori, 2.5m skeins in 1117 Very Dark Christmas Red, 1093 Light Wood Violet, 1105 Medium Dark Mauve, 6126 Dusty Dark Lavender
• Kreinik Very Fine #4 Braid 002V Vintage Gold
• about a 4" x 4" piece of 28-count evenweave fabric or linen, natural or tan color
• #24 Tapestry needle
• Kreinik Treasure Tape (double sided tape), 4" x 6" sheets (2)
• miniature silk dove or other memento as desired

## Instructions:
1. Stitch the design following the graph and stitch instructions. Each square on the chart equals two fabric threads. Use two strands of Silk Mori for cross stitches and one strand for Rhodes stitches and backstitches. Use one strand of Braid for cross stitches
2. Trim design leaving about 1/4" on all sides. Attach double-sided Treasure Tape to the back. Don't remove the red liner until you are ready to attach it to your heart shape.
3. Attach double-sided Treasure Tape to your photo. Don't remove the red liner until you are ready to attach it to your heart shape.
4. Layer onto your heart shape: first the photo, then the stitched piece, then any accessories (like the silk dove in our model).
5. Add ribbons as desired.

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**2** cross stitch with Silk Mori 1105
cross stitch with Very Fine #4 Braid 002V
**+** vertical cross stitch with Silk Mori 6126
**∧** cross stitch with Silk Mori 1093

Red lines in border: straight stitch, Silk Mori 1117
Purple lines: Rhodes heart with Silk Mori 6126
Dark burgundy lines: Rhodes heart with Silk Mori 1105
Red heart lines: Satin stitch with Silk Mori 1117
Pink heart lines: Satin stitch with Silk Mori 1093