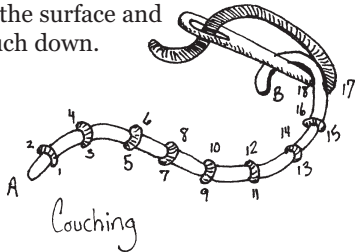


Love is in the air

A DESIGN FROM



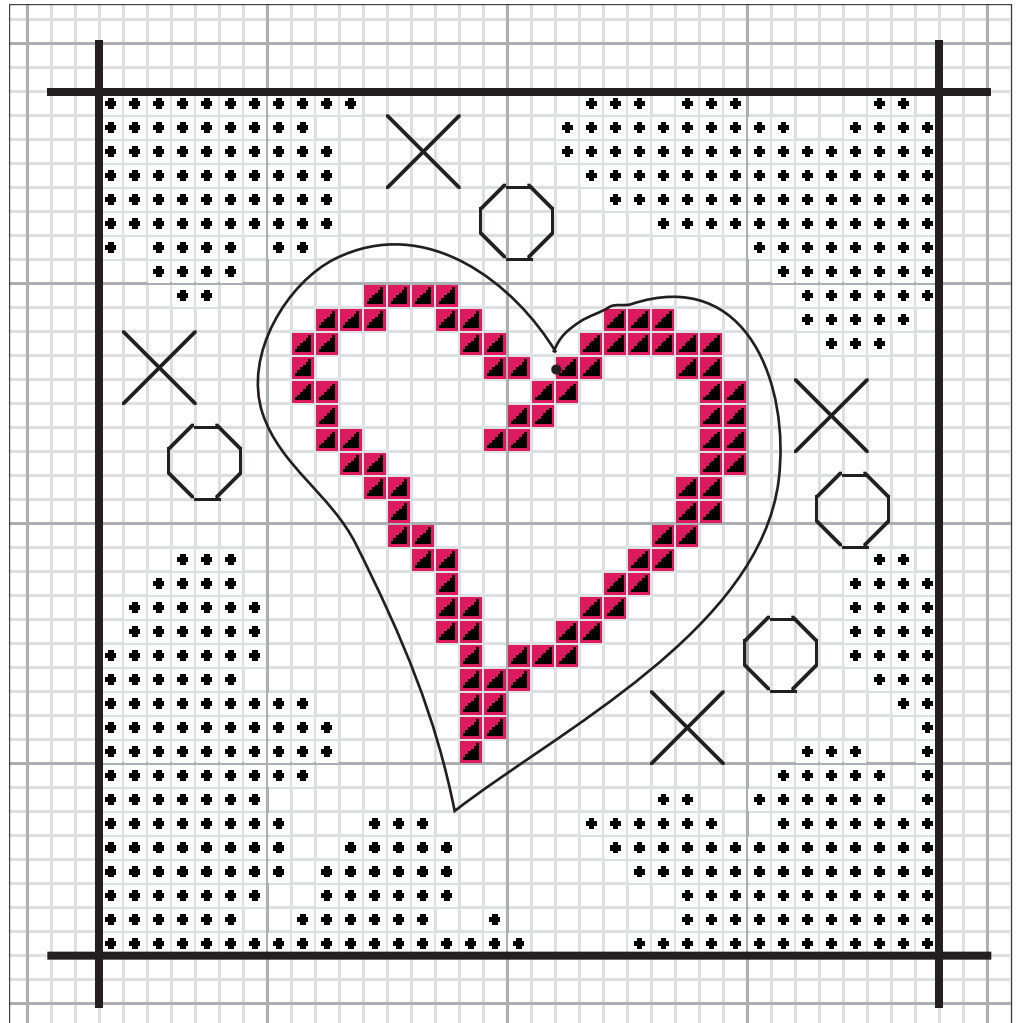
This simple design is a great project for trying Japan threads. Kreinik Japan #1 is a fine cord, used to couch a thicker thread or outline. Japan #5 and #7 aren't passing threads, meaning you don't stitch in and out of the fabric with them. Rather, you lay them on the surface and couch down.



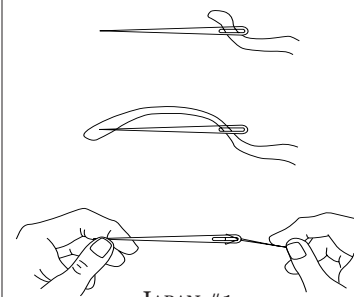
Instructions for stitching

You will need a 7" x 7" piece of light blue Aida fabric, plus one skein Japan #5 Silver, one skein Japan #7 Silver, one spool Japan #001J, one 2.5m skein Silk Mori 8000, one 2.5m skein Silk Mori 0116, a #26 Tapestry needle, and a #24 Tapestry needle. Visit the shop locator on www.kreinik.com to find a source for these threads.

1. First, cross stitch the heart with two strands of Silk Mori 0116 Very Dark Lenten Rose (each square on the chart equals one fabric thread). Then cross stitch the clouds with two strands of Silk Mori 8000 Soft White. Then thread the #26 Tapestry needle with Japan #1 Silver Cord, knotting the thread as in the diagram at right (which will keep it from slipping out as you stitch) to prepare for the next step.
2. Outline the heart with the Japan #5 Silver. Begin by threading the Tapestry #24 needle with the Japan #5 and plunging the end to the back of the fabric at the top point (with the •), opening the hole as needed for smooth passing. Tack the end of Japan #5 onto the back using the Japan #1 Silver Cord. You can tack both into the stitches of your Mori 0116, securing them as you start stitching. Back on the front, use your other hand to guide the Japan #5 in the outline shape, couching it with Japan #1 as you go. See the couching diagram above. Basically, you are tacking the Japan #5 onto the fabric, coming up in one hole, going across the Japan #5, and back down again into that same hole. Continue on in this way around the heart. When you get to the end, plunge the Japan #5 to the back, and secure.
3. Couch Japan #7 Silver (the thickest silver thread), in the same manner using Japan #1 Silver Cord for the border.
4. Straight stitch each "X" and backstitch each "O" with one strand of Japan #1 Silver Cord for a light and airy finishing touch.



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JAPAN #1
THREADING TECHNIQUE

THIS SHOWS YOU HOW TO TACK THE ENDS OF JAPAN #5 OR 7 ON THE BACK OF YOUR WORK.

