CREATE YOUR OWN YARN BLENDS

Roman Ribbed Socks

Designed by **Karen Whooley** using **Kreinik Fashion Twist**, an antimicrobial carry-along metallic

The metallic is anti-microbial (perfect for sock projects!)

Intermediate Level

Measurements:

Narrow = Up to 7 ¼ inches circumference
Medium = Up to 8 1/2 inches circumference
Wide = Up to 9 ¾ inches circumference
Extra Wide = Up to 11 ½ inches circumference
Pattern is written in the Narrow Size, with the changes for the larger sizes in ().

Materials Needed:

· Rowan Yarns Fine Art (45% Wool, 20% Mohair, 25% Polyamide, 10% Silk; 400m/437yds=100g/3.5 oz)
Color #301 Serin
· Kreinik Fashion Twist Thread
Color #ZS1159 Light Orange, one cone
· Set of size 2 (2.5 mm) double point needles or 2 circulars or 1 40" circular (whichever makes you comfortable)
· Yarn needle

ABBREVIATIONS

dpn - Double Pointed Needles
k - knit
k2tog - knit two together
p - purl
p2tog - purl two together
sk - Skip
skp - slip1, k1, pass slip stich over
sl - Slip
sl1k - slip one knit-wise
sl1p - slip one purl-wise
st – Stitch

GAUGE

8 st = 1 inch over Stockinette stitch

STITCH PATTERN

Row 1 and 2: K
Row 3 and 4: K1, p1
Row 5 and 6: K
Rows 7 and 8: P1, k1

PATTERN NOTE

You will be holding one strand of Rowan Yarn and One Strand of the Kreinik Thread together throughout the sock. This is to give the sock antibacterial properties that the Kreinik Thread has in it's silver.

INSTRUCTIONS

CO loosely 48 (56, 64, 72) st and divide evenly over three DPNs or circulars.

Work k1, p1 rib for 1.5 inches.

Knit in pattern for a total of 5 inches from cast on.

Heel Flap:

Place 24 (28, 32, 36) st on one needle for heel. (Remaining 24 (28, 32, 36) st should be held on 2nd needle for instep)

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Row 1 (ws): Sl1p, p to end of row.
Row 2 (rs): * Sl1k, k1; repeat from * across
Repeat Rows 1 and 2 -11 (13, 15, 17) times more, for a total of 24 (28, 32, 36) rows.

Turn Heel: (Short Rows)
Row 1: Sl1p, p13 (15, 17, 19),p2tog, p1, turn
Row 2: Sl1k, k5 (5, 5, 5), ssk, k1 turn
Row 3: Sl1p, p6 (6, 6, 6), p2tog, p1 turn
Row 4: Sl1,. K7 (7, 7, 7), ssk, k1 turn
Row 5: Sl1p, p8 (8, 8, 8), p2tog, p1 turn
Continue working one more stitch until all stitches have been worked, ending with a knit row.

Gusset:
With heel needle (needle 1), pick up and k12 (14, 16, 18) st alongside of heel flap, knit all stitches in pattern on instep needle (needle 2), pick up and k12 (14, 16, 18) sts alongside of heel flap (Needle 3)

Adjusting number of sts on each DPNneedle:
Counts should be as follows: (62 (72, 82, 92) total stitches)
• Needle 1 (heel needle) = 31 (36, 41, 46) st (with middle 14 (16, 18, 20) st being the heel)
• Needle 2 (side needle) = 15 (18, 20, 23) st (should end at the middle of the instep)
• Needle 3 (side needle) = 16 (18, 21, 23) st (should start at the middle of the instep)

If working with 2 circulars or in Magic loop, All heel stitches as well as all of the picked up stitches on sides of Gusset should be on one side (Needle 1), Instep stitches should be on the other (Needle 2).

Heel Gusset Decreases: (DPNs)
Rnd 1: On needle 1, k24 (28, 32, 36). On needle 2, k1, k2tog, k to end. On needle 3, k to last 3 st, skp, k1.
Rnd 2: K all sts.
Repeat Rnds 1 and 2 until a total of 24 (28, 32, 36) st remain on needles 2 and 3.

Heel Gusset Decreases (2 Needles or Magic Loop)
Rnd 1: On Needle 1, K1, k2tog, k to last 3 st, skp, k1; on Needle 2, continue working pattern stitch where you left off in pattern.
Rnd 2: On Needle 1, K all sts, On needle 2 Continue working in pattern
Repeat Rnds 1 and 2 until a total of 48 (56, 64, 72) st remain.
Continue working Rnd 2 until sock measure 1 1/2" -2" less than desired foot length.

Toe:
Rnd 1: On needle 1, k1, k2tog, k to last 3 st, skp, k1. On needle 2, k1, k2tog, k to end. On needle 3, k to last 3 st, skp, k1.
Rnd 2: K all sts.
Repeat rnds 1 and 2 until there are 26 [28, 28, 32] stitches left total.

Use Kitchener st to finish off toe.