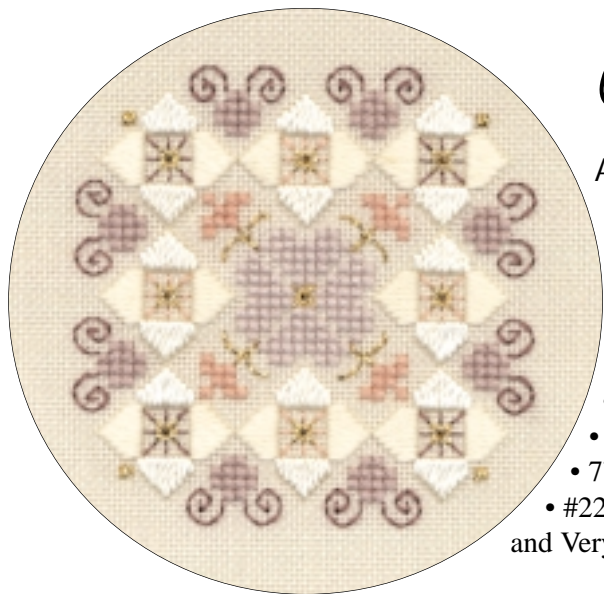


Captured Heart

A SILK AND METALLIC THREAD DESIGN
BY JUDY DIXON



Materials needed:

- 2.5m skein of each: Kreinik Silk Mori® 6123, 6124, 6126, 1092
- 10m Kreinik Silk Serica® 7124
- Kreinik Very Fine (#4) Braid™ 002HL
- 7" x 7" piece of 28-count Light Grey Jobelan
- #22 Tapestry needle for Silk Serica, and #24 Tapestry needle for Silk Mori and Very Fine (#4) Braid

Design size: 40x x 40h

To begin:

1. Moisturize your hands with a non-greasy hand cream to keep the silk from snagging on rough fingers.
2. Separate strands of Silk Mori by loosening the slip knot holding the thread ends together in the skein. Cut a working length of 15-inches, and pull out one ply at a time.
3. Each square on the graph represents two fabric threads.

Stitching instructions & Color Key:

× Cross stitch the center area (which is made up of four heart shapes) using two strands of Silk Mori 6123 Light Dusty Lavender.

● Cross stitch flower buds using two strands Silk Mori 1092 Lightest Wood Violet.

— Backstitch vines with one strand Very Fine Braid 002HL Gold Hi Lustre.

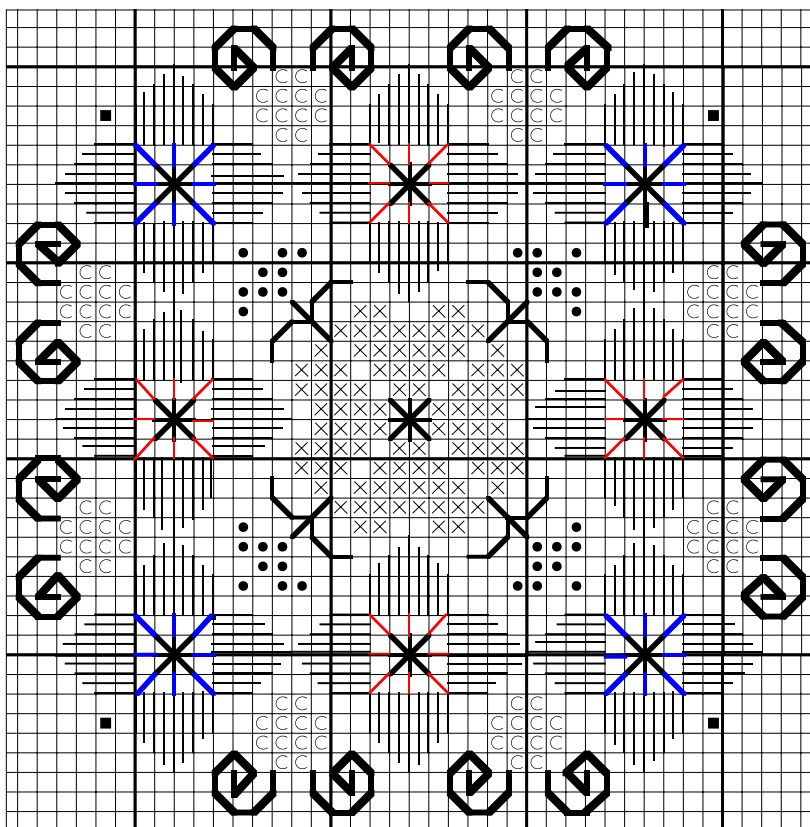
✱ Add the Algerian Eyelet in the centre of the hearts using one strand Very Fine Braid 002HL.

||| Satin stitch all Kloster blocks using Silk Serica 7124 Cream. Let your needle dangle frequently to let the thread return to its twist (or apply a slight countertwist if you notice Silk Serica becoming too tightly twisted or untwisted as you lay each stitch).

✱ In the centre of each Kloster-block flower, add an Algerian Eyelet worked over four threads using Very Fine (#4) Braid 002HL. To complete the four outside flowers, backstitch (delineated by the blue lines) using one strand of Silk Mori 6126 Dark Dusty Lavender. Finish the centres of the four remaining flowers by backstitching (delineated by the thin red lines) with one strand Silk Mori 1092 Lightest Wood Violet.

○ Cross stitch the eight outer areas using two strands Silk Mori 6124 Medium Dusty Lavender. Then add the backstitched accents made with one strand Silk Mori 6126 Dark Dusty Lavender (delineated by the heavy black lines).

■ Create Smyrna crosses with one strand Very Fine Braid 002HL.

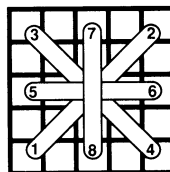


For additional tips on working with silk threads, call our Consumer Info line at 1-800-537-2166 or visit the Silk Mori and Silk Serica pages on www.kreinik.com.

 Kreinik

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SMYRNA
CROSS



ALGERIAN
EYELET

